

# EVERGREEN HIGH SCHOOL LUNCH MENU

## October

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
		<b>1</b>	<b>BREAKFAST:</b> Break-fast Sandwiches  <b>LUNCH:</b> Chicken Nuggets, Winter Blend, Roll OR Double Dog (bun), Baked Beans	<b>2</b>	<b>BREAKFAST:</b> Pizza Breadstick  <b>LUNCH:</b> BBQ Rib (bun), Peas OR Calzone, Peas	<b>3</b>	<b>BREAKFAST:</b> Breakfast Sandwiches  <b>LUNCH:</b> Chicken Wrap, Corn OR Parmesean Chicken, Spaghetti, Broccoli	<b>4</b>	<b>BREAKFAST:</b> Cheese Stuffed Pretzel  <b>LUNCH:</b> French Bread Pizza, Carrots OR Lasagna, Green Beans	<b>5</b>	<b>BREAKFAST:</b> Breakfast Sandwiches  <b>LUNCH:</b> School Pizza, Fries OR Cheeseburger/ Spicy Chicken, Fries	<b>6</b>	*Every day Breakfast options: Sausage Gravy/ Biscuit, Muffins, Pillsbury Chocolate Filled Crescent Roll, Cinnamon Breakfast Cookie
<b>7</b>	\$2.00 Breakfast, Lunch \$2.85 Menu Subject to Change Assorted Fruit and Milk offered Daily	<b>8</b>	<b>BREAKFAST:</b> Break-fast Sandwiches  <b>LUNCH:</b> Chicken and Waffles, Corn OR Chili Cheese Wedges, Peas, Roll	<b>9</b>	<b>BREAKFAST:</b> Pizza Breadstick  <b>LUNCH:</b> Swedish Meatballs W/ Noodles, Broccoli OR Taco Snacks/ BBQ Chicken Snacks, Sweet Potato Fries	<b>10</b>	<b>BREAKFAST:</b> Breakfast Sandwiches  <b>LUNCH:</b> Sweet Chili Tai Chicken w/ rice, Asian Veggies, Roll OR Nachos, Winter Blend Veggies, Roll	<b>11</b>	<b>BREAKFAST:</b> Cinnamon Roll Pretzel  <b>LUNCH:</b> Pizza Bites, Green Beans OR Corn Dog, Sweet Potatoes	<b>12</b>	<b>BREAKFAST:</b> Breakfast Sandwiches  <b>LUNCH:</b> School Pizza, Fries OR Cheeseburger/ Spicy Chicken, Fries	<b>13</b>	Soup Bar starts October 17th
<b>14</b>	Salad Bar. Offered Tuesday and Thursday \$3.60	<b>15</b>	<b>BREAKFAST:</b> Break-fast Sandwiches  <b>LUNCH:</b> Chicken Strips, California Blend, Roll OR TOTCHOS, Roll	<b>16</b>	<b>BREAKFAST:</b> Pizza Breadstick  <b>LUNCH:</b> Tangerine Chicken w/ Rice, Asian Veggies, Breadstick OR Quesadilla, Peas	<b>17</b>	<b>BREAKFAST:</b> Breakfast Sandwiches  <b>LUNCH:</b> Tacos, Refried Beans OR Ravioli, cooked Carrots, Garlic Bread <b>Soup: Baha Chicken Enchilada</b>	<b>18</b>	<b>BREAKFAST:</b> Cheese Stuffed pretzel  <b>LUNCH:</b> Potato Wedge Nachos, Pretzel bites OR General Tso Chicken, Broccoli, Roll	<b>19</b>	<b>BREAKFAST:</b> Breakfast Sandwiches  <b>LUNCH:</b> J-cups, Fries or Cheeseburger/ Spicy Chicken, Fries	<b>20</b>	
<b>21</b>	Chef Salad offered Daily as alternative lunch choice. \$2.85	<b>22</b>	<b>BREAKFAST:</b> Break-fast Sandwiches  <b>LUNCH:</b> Chicken Fajita, Peppers and Onions OR Macaroni and Cheese, Broccoli Breadstick	<b>23</b>	<b>BREAKFAST:</b> Pizza Breadstick  <b>LUNCH:</b> French Toast, Potatoes, Sausage OR Cheese Breadsticks, Sweet Potato Fries	<b>24</b>	<b>BREAKFAST:</b> Breakfast Sandwiches  <b>LUNCH:</b> Grilled Cheese, Tomato soup OR Sweet and Sour Chicken w/ Rice, Asian Veggies, Roll <b>Soup: Broccoli Cheese</b>	<b>25</b>	<b>BREAKFAST:</b> Cinnamon Roll Pretzel  <b>LUNCH:</b> Buffalo Ranch Chicken on Pretzel Bun OR Meatball Sub, Corn	<b>26</b>	<b>BREAKFAST:</b> Breakfast Sandwiches  <b>LUNCH:</b> School Pizza, Fries OR Cheeseburger/ Spicy Chicken, Fries	<b>27</b>	
<b>28</b>		<b>29</b>	<b>BREAKFAST:</b> Break-fast Sandwiches  <b>LUNCH:</b> Chicken Patty, Sweet Potato Puffs OR Sloppy Joe, Sweet Potato Puffs	<b>30</b>	<b>BREAKFAST:</b> Pizza Breadstick  <b>LUNCH:</b> Teryaki Chicken W/ Rice, Asian Veggies, Roll OR BBQ Pork, Peas	<b>31</b>	<b>BREAKFAST:</b> Breakfast Sandwiches  <b>LUNCH:</b> Top N Go, Refried Beans OR Deli Sub/ Wrap, Winter Blend <b>Soup: Potato Soup</b>						

*This institution is an equal opportunity provider.*