

EVERGREEN MIDDLE SCHOOL LUNCH MENU

October

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>1 Kid Goal-Setting week</p>	<p>1 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Twisted Chicken Alfredo, Breadstick or Chicken Fajita on Shell, Broccoli or Winter Vegetable Mix, Assorted Fruit</p>	<p>2 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Walking Taco w/Fritos, Refried Beans, Corn, Assorted Fruit</p>	<p>3 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Beef BBQ Burger on Bun, Lasagna Rollups, Ravioli w/spaghetti sauce, Green Beans, Assorted Fruit</p>	<p>4 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Beef Teriyaki Dippers w/sauce, Dinner Roll, Cooked Carrots, Peas and Carrots, Assorted Fruit</p>	<p>5 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>World Smile Day-Receive a Strawberry Smile Cookie w/lunch-Lunch-Macaroni and Cheese, Breadstick, Potatoes Smiles, Romaine Salad, Assorted Fruit</p>	<p>6 Fresh fruit choices and canned fruit offered every day.</p>
<p>7 National School Lunch Week</p>	<p>8 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-French Toast, Syrup, Potato Coins, Sausage Patty, Assorted Fruit</p>	<p>9 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-OCTOBER BIRTHDAYS- Receive a Rice Krispie Treat w/lunch-Nacho w/meat and cheese, Winter Vegetables Mix, Peas and Carrots, Assorted Fruit</p>	<p>10 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Chicken Stir Fry w/vegetables and rice or Fish on Bun, Cooked Carrots, Assorted Fruit</p>	<p>11 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Hot Dog, Chili Dog, or Corn Dog, Baked Beans, Mixed Vegetables, Assorted Fruit</p>	<p>12 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Big Daddy Pizza, Broccoli, Romaine Salad, Assorted Fruit</p>	<p>13 Viking sub w/onions, lettuce, tomatoes will be served on Wednesday and served in one line only.</p>
<p>14 National Bake and Decorate Month</p>	<p>15 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Bosco Cheese Breadsticks, Marinara Sauce, California Blend, Green Beans, Assorted Fruit</p>	<p>16 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Beef or Chicken Burrito on Shell or bowl, Con Quesco Cheese Sauce or Shredded Cheese, Philly Frijoles, Cooked Carrots, Assorted Fruit</p>	<p>17 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Sloppy Joe, Salisbury Steak, or Fish on Bun, Sweet Potatoes, Peas and Carrots, Assorted Fruit</p>	<p>18 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Chicken Nuggets, Dinner Roll, Golden Corn, Criss-Cross Potato Fries, Assorted Fruit</p>	<p>19 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Guesdillas, Romaine Salad, Green Beans, Assorted Fruit</p>	<p>20 Carrots and dip now being served only menu days. Hummus served with the fresh vegetables.</p>
<p>21 National Field Trip Day</p>	<p>22 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Chili w/crackers, Grilled Cheese Sandwich, Carrot Pack, Assorted Fruit</p>	<p>23 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Doritos Top and Qd Taco, w/ cheese, Philly Frijoles, Broccoli, Assorted Fruit</p>	<p>24 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Viking Pork Rib Sandwich, Meat Ball Sub, or Fish on Bun, Mixed Vegetables, Baked Beans, Assorted Fruit</p>	<p>25 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Chicken Patty on Bun, Potato Fries, Golden Corn, Assorted Fruit</p>	<p>26 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Pizza, Romaine Salad, Green Beans, Assorted Fruit</p>	<p>27 Menu subject to change</p>
<p>28 Hop Scotch Month</p>	<p>29 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Juicy Hamburger on Bun, or Rotini w/meat Sauce, Breadstick, Sweet Potato Fries, Cooked Carrots, Assorted Fruit</p>	<p>30 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Tostito Chips Grab and Go Taco, Green Beans, Green Peas, Assorted Fruit</p>	<p>31 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-BBQ Pork, Salisbury Steak or Fish on Bun, Baked Beans, Mixed Vegetables, Assorted Fruit</p>	<p>1 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Chicken Strips, Waffle Potatoes, Golden Corn, Dinner Roll, Assorted Fruit</p>	<p>2 BREAKFAST:</p> <hr/> <p>LUNCH:</p> <p>Lunch-Big Daddy Pizza, Romaine Salad, Mixed Winter Vegetables, Assorted Fruit</p>	

This institution is an equal opportunity provider.