

EVERGREEN MIDDLE SCHOOL LUNCH MENU

October

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 Kid Goal-Setting week	2 BREAKFAST: LUNCH: Lunch-WG Cheese or Pepperoni Breadstick, California Blend, Green Beans, Assorted Fruit	3 BREAKFAST: LUNCH: Lunch-Beef or Chicken Burrito on Ultra Grain Shell, Philly Frijoles, Cooked Carrots, Carrot w/dip, Assorted Fruit	4 BREAKFAST: LUNCH: Lunch-Sloppy Joe, Salisbury Steak, or Fish on Bun, Sweet Potatoes, Peas and Carrots, Assorted Fruit	5 BREAKFAST: LUNCH: Chicken Strips, Dinner Roll, Golden Corn, Assorted Fruit	6 BREAKFAST: LUNCH: WORLD SMILE DAY, GET A SMILE WITH LUNCH, Quesdillas, Romaine Salad, Broccoli, Assorted Fruit	7 Fresh fruit choices and canned fruit offered every day.
8 National School Lunch Week	9 BREAKFAST: LUNCH: Pizza Calzone, Marinara Dipping Cup, Cooked Carrots, Green Beans, Assorted Fruit	10 BREAKFAST: LUNCH: OCTOBER BIRTHDAYS-GET A RICE KRISPIE TREAT WITH YOUR LUNCH-Deluxe Nacho w/meat and cheese, Philly Frijoles, Broccoli, Assorted Fruit	11 BREAKFAST: LUNCH: Viking Rib Sandwich or Fish on Bun, Mixed Vegetables, Baked Beans, or Carrots w/dip, Assorted Fruit	12 BREAKFAST: LUNCH: Chicken Patty on Bun, Tomato Slices, Potato Fries, Assorted Fruit	13 BREAKFAST: LUNCH: POP TART FRIDAY-Pizza, Romaine Salad, Green Peas, Assorted Fruit	14 Viking sub w/onions, lettuce, tomatoes will be served on Wednesday and served in one line only.
15 National Bake and Decorate Month	16 BREAKFAST: LUNCH: IT'S APPLE TIME, GET AN APPLE TREAT WITH LUNCH-Hamburg on Bun, Mini Sweet Potato Fries, Cooked Carrots or Carrot with dip, Assorted Fruit	17 BREAKFAST: LUNCH: Chicken Fajita on Ultra Grain Shell w/lettuce and cheese, Green Beans, Assorted Fruit	18 BREAKFAST: LUNCH: BBQ Pork or Fish on Bun, Baked Beans, Mixed Vegetables, Assorted Fruit	19 BREAKFAST: Two Hour Delay, Parent Teacher Conference LUNCH: Chicken Nugget, Ketchup or BBQ Cup, Dinner Roll, Golden Corn, Assorted Fruit	20 BREAKFAST: LUNCH: POP TART FRIDAY- Quesdillas, Romaine Salad, Green Peas Assorted Fruit or Sidekicks	21 Carrots and dip now being served only menu days. Hummus served with the fresh vegetables.
22 National Field Trip Day	23 BREAKFAST: LUNCH: French Toast, Syrup, Sausage Patties, Tater Tots, Assorted Fruit	24 BREAKFAST: LUNCH: TACO TUESDAY- Terrific Tacos on shell w/meat, cheese and lettuce, Salsa, Green Beans, Philly Frijoles, Assorted Fruit	25 BREAKFAST: LUNCH: Orange Chicken over Rice w/ vegetables or Fish on Bun, Sweet Potatoes, Assorted Fruit	26 BREAKFAST: LUNCH: IT'S APPLE TIME, GET AN APPLE TREAT WITH LUNCH, Hot Dog, Chili Dog or Corn Dog Baked Beans, Mixed Vegetables, Carrots w/dip, Assorted Fruit	27 BREAKFAST: LUNCH: POP TART FRIDAY-Pizza, Romaine Salad, Broccoli, Assorted Fruit	28 Menu subject to change
29 Hop Scotch Month	30 BREAKFAST: LUNCH: WG Cheese or Pepperoni Breadsticks, California Blend, Green Beans, Assorted Fruit	31 BREAKFAST: LUNCH: HAPPY HALLOWEEN- Beef or Chicken Burrito, on ultra Shell, Philly Frijoles, Broccoli, Assorted Fruit, Dipping Bat Ice Cream				

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