



# Evergreen High School/Middle School Lunch

September 2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Popcorn Chicken Bowl Mashed Potatoes Steamed Corn Pretzel Bites w/Cheese Cubes Chicken Caesar Salad Turkey Ham Deli Sandwich Fresh Fruit Bar 1% Milk	2 <b>NO SCHOOL</b>  <b>TEACHER PD DAY</b>
5 <b>NO SCHOOL</b>  <b>LABOR DAY</b>	6 <b>NO SCHOOL</b>  <b>FAIR DAY</b>	7 Crispy Chicken Nuggets Tater Tots Green Beans Cheese Bosco Stick Marinara Sauce Beef Taco Salad Italian Sub Fresh Fruit Bar Variety of Veggies 1% Milk	8 Salsa Chicken Bowl Mixed Vegetables Pretzel Pack Chicken Caesar Salad Ham Deli Sub Sandwich Fresh Fruit Bar Variety of Veggies 1% Milk	9 Cheese Pizza Pepperoni Pizza Peas & Carrots Spicy Chicken Patty on Bun Chef Salad Turkey Flatbread Fresh Fruit Bar Variety of Veggies 1% Milk
12 Smoked Chicken Penne Pasta  Peas & Carrots Crispy Chicken Sub Chef Salad Turkey Flatbread Fresh Fruit Bar Variety of Veggies 1% Milk	13 Soft Beef Tacos Lettuce, Tomato and Cheese Refried Beans Italian Meatball Sub Chicken Caesar Salad Egg Salad Sub Sandwich Fresh Fruit Bar Variety of Veggies 1% Milk	14 Crispy Chicken Tenders Golden Crinkle Cut French Fries Steamed Green Beans Cheese Bosco Stick Marinara Sauce Beef Taco Salad Italian Sub Fresh Fruit Bar Variety of Veggies	15 Pork Sausage Link Tater Tots Mini Pancakes Pretzel Pack Chicken Caesar Salad Ham Deli Sub Sandwich Fresh Fruit Bar Variety of Veggies 1% Milk	16 Cheese Pizza Pepperoni Pizza Mixed Vegetables Spicy Chicken Patty on Bun Chef Salad Turkey Flatbread Fresh Fruit Bar Variety of Veggies 1% Milk
19 Chicken Alfredo w/Pasta Peas & Carrots Crispy Chicken Sub Chef Salad Turkey Flatbread Fresh Fruit Bar Variety of Veggies 1% Milk	20 Beefy Nachos w/Cheese Sauce  Refried Beans Salsa Italian Sub Chicken Caesar Salad Egg Salad Sub Sandwich Fresh Fruit Bar Variety of Veggies 1% Milk	21 Crispy Chicken Nuggets Tater Tots Steamed Corn Cheese Bosco Stick Marinara Sauce Beef Taco Salad Italian Sub Fresh Fruit Bar Variety of Veggies 1% Milk	22 Hamburger on a Bun Golden Crinkle Cut French Fries Peas & Carrots Pretzel Pack Chicken Caesar Salad Ham Deli Sub Sandwich Fresh Fruit Bar Variety of Veggies 1% Milk	23 Cheese Pizza Pepperoni Pizza Mixed Vegetables Spicy Chicken Patty on Bun Chef Salad Turkey Flatbread Fresh Fruit Bar Variety of Veggies 1% Milk
26 Macaroni & Cheese Peas & Carrots Crispy Chicken Sub Chef Salad Turkey Flatbread Fresh Fruit Bar Variety of Veggies 1% Milk	27 Salsa Chicken Bowl Salsa Italian Meatball Sub Chicken Caesar Salad Egg Salad Sub Sandwich Fresh Fruit Bar Variety of Veggies 1% Milk	28 Crispy Chicken Tenders Steamed Corn Golden Crinkle Cut French Fries Cheese Bosco Stick Marinara Sauce Beef Taco Salad Italian Sub Fresh Fruit Bar Variety of Veggies	29 Tater Tot Casserole Peas & Carrots Pretzel Pack Chicken Caesar Salad Ham Deli Sub Sandwich Fresh Fruit Bar Variety of Veggies 1% Milk	30 Cheese Pizza Pepperoni Pizza Mixed Vegetables Spicy Chicken Patty on Bun Chef Salad Turkey Flatbread Fresh Fruit Bar Variety of Veggies 1% Milk

**INFORMATION**  
Breakfast: \$2.45  
Lunch: \$3.35  
  
Visit PaySchools Central to replenish lunch accounts. See district website for details!

**EXTRA INFO**  
Sept 2 - NO SCHOOL - Professional Day  
Sept 5 - NO SCHOOL - Labor Day  
Sept 6 - NO SCHOOL - Fair Day  
Sept 14 - Dental Exams  
Sept 19 - Board Meeting

**HARVEST OF**

**MyPlate**

**THE MONTH**  
Your MENUS plus more information on our app  
Taher Food4Life®  
  
www.taher.com



# Evergreen High School/Middle School Breakfast

September  
2022



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
29	30	31	1 Biscuits & Gravy Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Apple Juice 1% Milk	2 <b>NO SCHOOL</b>  <b>TEACHER PD DAY</b>
5 <b>NO SCHOOL</b>  <b>LABOR DAY</b>	6 <b>NO SCHOOL</b>  <b>FAIR DAY</b>	7 Biscuits & Gravy Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Apple Juice 1% Milk	8 Mini Pancakes Syrup Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Orange Juice 1% Milk	9 Biscuits & Gravy Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Apple Juice 1% Milk
12 Biscuits & Gravy Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Orange Juice 1% Milk	13 Pancakes Syrup Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Apple Juice 1% Milk	14 Biscuits & Gravy Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Orange Juice 1% Milk	15 Waffles Syrup Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Apple Juice 1% Milk	16 Biscuits & Gravy Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Orange Juice 1% Milk
19 Biscuits & Gravy Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Apple Juice 1% Milk	20 Mini Pancakes Syrup Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Orange Juice 1% Milk	21 Biscuits & Gravy Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Apple Juice 1% Milk	22 Mini Eggo Waffles Syrup Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Orange Juice 1% Milk	23 Biscuits & Gravy Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Apple Juice 1% Milk
26 Biscuits & Gravy Choice of Cereal UBR Breakfast Round Cinnamon Pop-Tart Orange Juice 1% Milk	27 Mini Pancakes Syrup Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Apple Juice 1% Milk	28 Biscuits & Gravy Choice of Cereal Mini Donut Cinnamon Pop-Tart Orange Juice 1% Milk	29 Waffles Syrup Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Apple Juice 1% Milk	30 Biscuits & Gravy Choice of Cereal Mini Donut UBR Breakfast Round Cinnamon Pop-Tart Orange Juice 1% Milk

INFORMATION

Breakfast: \$2.45  
Lunch: \$3.35

Visit PaySchools Central to replenish lunch accounts. See district website for details!

EXTRA INFO

Sept 2 - NO SCHOOL - Professional Day  
Sept 5 - NO SCHOOL - Labor Day  
Sept 6 - NO SCHOOL - Fair Day  
Sept 14 - Dental Exams  
Sept 19 - Board Meeting

HARVEST OF



Choose **MyPlate.gov**

THE MONTH

Your MENUS plus more information on our app  
TaHER Food4Life®



www.taHER.com