



Director of Food & Nutrition

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Monday	Tuesday	Wednesday	Thursday	Friday	THE PIZZERIA Cheese Pizza Pepperoni Pizza Hot Honey Pizza Buffalo Chicken Pizza Veggie Pizza THE GRILL Chicken Sandwiches Spicy Chicken Sandwiches Hamburgers Cheeseburgers GRAB N' GO Check out one of our delicious on the go items... Salads Wraps Parfaits PB&J
<p style="text-align: center;">Thank a teacher who has made a difference for you.</p>				1 Mac and Cheese Seasoned Green Beans Mandarin Orange Segments	
4 Breakfast for Lunch French Toast Sticks and Sausage Hash Brown Juice Rush	5 Chicken Burrito or Nacho Bar Refried Beans Diced Pears	6 Bosco Breadsticks & Warm Marinara Steamed Broccoli Cinnamon Apple Crisp	7 Viking Popcorn Chicken Bowl Whipped Mashed Potatoes Steamed Golden Corn Cinnamon Applesauce	8 Chicken Alfredo with Garlic Toast Garlic Bread Stick Buttered Green Peas Strawberry Cup	
11 Crispy Chicken Strips Warm Buttered Roll Seasoned Green Beans Spiced Pears	12 Beef Burrito or Nacho Bar Refried Beans Petite Ripened Banana	13 BBQ Rib Sandwich Tater Tots Mandarin Oranges	14 General Tso Popcorn Chicken Bowl w/Rice Mixed Vegetables Petite Ripened Banana	15 Lasagna Roll Ups Bread Stick Buttered Green Peas Sliced Peaches	
18 Chef's Choice Summer Count Down... Selection of Fruit and Vegetable options Milk Choice	19 Chef's Choice Summer Count Down... Selection of Fruit and Vegetable options Milk Choice	20 Chef's Choice Summer Count Down... Selection of Fruit and Vegetable options Milk Choice	21 Chef's Choice Summer Count Down... Selection of Fruit and Vegetable options Milk Choice	22 Chef's Choice Summer Count Down... Selection of Fruit and Vegetable options Milk Choice	
25 Chef's Choice Summer Count Down... Selection of Fruit and Vegetable options Milk Choice	26 Chef's Choice Summer Count Down... Selection of Fruit and Vegetable options Milk Choice	27 Chef's Choice Summer Count Down... Selection of Fruit and Vegetable options Milk Choice	28 Chef's Choice Summer Count Down... Selection of Fruit and Vegetable options Milk Choice	29  <p style="color: red; font-style: italic;">Have a great summer!</p>	

USDA is an equal opportunity provider, employer, and lender.
 Menu subject to change.





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<p>TWO servings of fruit BEFORE first period gets your day in a groove.</p>				<p>1</p> <p>Warm Cinnamon Oatmeal Round</p> <p>Fresh Fruit Bar Milk Choice</p>
<p>4</p> <p>Biscuits and Gravy</p> <p>Fresh Fruit Bar Milk Choice</p>	<p>5</p> <p>Sausage Egg McMuffin Sandwich</p> <p>Fresh Fruit Bar Milk Choice</p>	<p>6</p> <p>Vanilla Fruit Smoothie</p> <p>Fresh Fruit Bar Milk Choice</p>	<p>7</p> <p>Egg & Cheese Bagel Sandwich</p> <p>Fresh Fruit Bar Milk Choice</p>	<p>8</p> <p>Cheesy Omelet & Sausage Patty</p> <p>Fresh Fruit Bar Milk Choice</p>
<p>11</p> <p>Biscuits and Gravy</p> <p>Fresh Fruit Bar Milk Choice</p>	<p>12</p> <p>WG French Toast Sticks</p> <p>Fresh Fruit Bar Milk Choice</p>	<p>13</p> <p>Fruit & Yogurt Parfait</p> <p>Fresh Fruit Bar Milk Choice</p>	<p>14</p> <p>Donut with Sprinkles</p> <p>Fresh Fruit Bar Milk Choice</p>	<p>15</p> <p>Assorted Breakfast Bars</p> <p>Fresh Fruit Bar Milk Choice</p>
<p>18</p> <p>Chef's Choice Summer Count Down...</p> <p>Selection of Fruit and Vegetable options Milk Choice</p>	<p>19</p> <p>Chef's Choice Summer Count Down...</p> <p>Selection of Fruit and Vegetable options Milk Choice</p>	<p>20</p> <p>Chef's Choice Summer Count Down...</p> <p>Selection of Fruit and Vegetable options Milk Choice</p>	<p>21</p> <p>Chef's Choice Summer Count Down...</p> <p>Selection of Fruit and Vegetable options Milk Choice</p>	<p>22</p> <p>Chef's Choice Summer Count Down...</p> <p>Selection of Fruit and Vegetable options Milk Choice</p>
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WHAT MAKES A BREAKFAST?
 You must choose at least 3 of the 4 components
 Choice of 2 whole grains, 1 whole grain and 1 meat/meat alternate, or 2 meat/meat alternates.
 Choice of 2 fruits and Choice of low-fat milk.
 *½ c serving of fruits or vegetables must be one of the 3 components

MILK OPTIONS
 1% White, Fat Free Chocolate,
 1% Strawberry

FRUIT OPTIONS
 May choose 2 - ½ cup servings
 Crisp Apple, Banana, Fresh Orange, Fresh Apple Slices, Applesauce, Raisins, Craisins, Sliced Peaches, Mixed Fruit, Pineapple Tidbits, Mandarin Oranges, Diced Pears, 100% Juice

ALTERNATE MENU OPTIONS
 Cereal or another Breakfast Choice will be offered alongside the main menu entree.

PRICING: Student Complete Meal: \$3.15
 Student/ Adult Milk: \$1.00 Ala Cart Entree: \$2.75
 Hot Side: \$2.25 Cold Side: \$1.75

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