



Monday	Tuesday	Wednesday	Thursday	Friday
	1 Beef or Chicken Nachos Seasoned Black Beans Sweet, Ripened Strawberries	2 Turkey and Mashed Potasto Bowl Roasted Broccoli Juicy, Orange Slices	3 Burrito Bowl Italian chickpeas Pineapple tidbits	4 Bosco Breadsticks w/ Marinara Steamed Green Peas Pineapple Tidbits
7 General Tso Chicken and Rice Bowl Roasted Broccoli Cinnamon Apples	8 Beef or Chicken Burrito Creamy, Refried Beans Diced Peaches	9 Beefaroni w/ garlic breadstick Glazed Cinnamon carrots Sweet, Ripened Strawberries	10 Taco Bowl Steamed Golden Corn Pineapple Tidbits	11 Bosco Breadsticks w/ Marinara Steamed Green Peas Pineapple Tidbits
14 Lasagna Roll Ups Steamed Green Peas Crisp, Hearty Apple	15 Chipotle Chicken Flatbread Roasted Broccoli Pineapple Tidbits	16 Popcorn Chicken Viking Bowl Steamed Golden Corn Pineapple Tidbits	17 Bosco Breadsticks w/ Marinara Steamed Green Peas Petite Ripened Banana	18 NO SCHOOL ITS GOOD FRIDAY
21 French Toast Sticks and Sausage Patties Toasty Tater tots Diced Pears	22 Walking Taco Confetti Bean Salad Clementine Orange	23 Double Dog Bar (2 hotdogs with Toppings) Steamed Broccoli Sweet Ripened Strawberries	24 Beef or Chicken Burrito Creamy Refried Beans Juicy Orange Slices	25 Sweet and Spicy BBQ Chicken Bowl Steamed Italian Green Beans Petite Ripened Banana
28 BBQ Pork Mac and Cheese Roasted Broccoli Mandarin Orange Segments	29 Beef or Chicken Nachos Creamy, Refried Beans Diced Peaches	30 Baked Potato Bar (Baked Potato w/ fixins) Steamed Golden Corn Clementine Orange	<h2>Earth Day</h2> <p>Cutting down on wasted food preserves the planet's resources.</p>	

THE PIZZERIA

Cheese Pizza
Pepperoni Pizza
Hot Honey Pizza
Buffalo Chicken Pizza
Veggie Pizza

THE GRILL

Chicken Sandwiches
Spicy Chicken Sandwiches
Hamburgers
Cheeseburgers

GRAB N' GO

Check out one of our delicious on the go items...

Salads
Wraps
Parfaits

and be on the lookout for some new Bistro Box Options

WHAT MAKES A MEAL?

You must choose at least 3 of 5 components available for the school lunch price.
Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread, and Choice of Milk
*Students must choose at least one fruit or vegetable

MILK OPTIONS

Fat Free White, 1% White, Fat Free Chocolate, Fat Free Strawberry

FRUIT & VEGGIE OPTIONS

Broccoli Florets | Baby Carrots
Dark Leafy Greens | Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings
Crisp Apple | Sliced Peaches | Mixed Fruit
Fresh Orange | Banana | Pineapple Tidbits
Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.
9th-12th may choose two 1/2 cup servings

ALTERNATE MENU OPTIONS

Student Meal: 3.50
Student Entree: 2.25
Student Veggie or Fruit Side: 1.25
Milk: 1.00
Staff Meal: 4.75



Evergreen Local School District MS/ HS Breakfast Menu April 2025

Director of Food & Nutrition

Karen Winkler

(603)-443-2531

kwinkler@thenutritiongroup.biz



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Confett Pancakes Fresh Fruit Bar Milk Choice	1 WG French Toast Sticks Fresh Fruit Bar Milk Choice	2 Fruit and Yogurt Parfait Fresh Fruit Bar Milk Choice	3 Strawberry Cream Cheese Bagel Fresh Fruit Bar Milk Choice	4 Breakfast Sandwich Fresh Fruit Bar Milk Choice
7 Confett Pancakes Fresh Fruit Bar Milk Choice	8 WG French Toast Sticks Fresh Fruit Bar Milk Choice	9 Fruit and Yogurt Parfait Fresh Fruit Bar Milk Choice	10 Strawberry Cream Cheese Bagel Fresh Fruit Bar Milk Choice	11 Breakfast Sandwich Fresh Fruit Bar Milk Choice
14 Confett Pancakes Fresh Fruit Bar Milk Choice	15 WG French Toast Sticks Fresh Fruit Bar Milk Choice	16 Fruit and Yogurt Parfait Fresh Fruit Bar Milk Choice	18 Strawberry Cream Cheese Bagel Fresh Fruit Bar Milk Choice	18 NO SCHOOL GOOD FRIDAY!
21 Confett Pancakes Fresh Fruit Bar Milk Choice	22 WG French Toast Sticks Fresh Fruit Bar Milk Choice	23 Fruit and Yogurt Parfait Fresh Fruit Bar Milk Choice	24 Strawberry Cream Cheese Bagel Fresh Fruit Bar Milk Choice	25 Breakfast Sandwich Fresh Fruit Bar Milk Choice
28 Confett Pancakes Fresh Fruit Bar Milk Choice	29 WG French Toast Sticks Fresh Fruit Bar Milk Choice	30 Fruit and Yogurt Parfait Fresh Fruit Bar Milk Choice		

THE PIZZERIA

If you love Pizza and Can't Wait Until Lunch Time...

...We have a new brand of breakfast Pizza Coming to the menu Soon!

THE GRILL

Check out one of our delicious, toasty Breakfast Sandwiches on Friday mornings....

Because nothing says TGIF better than sausage, eggs and cheese on a toasty bun.

GRAB N' GO

We are going to continue expanding the Grab and Go Options for both breakfast and lunch!

So if your schedule is packed and you need to grab a meal on the run, you will have some well rounded, nutritional choices, or the occasional sweet treat without missing one item on your to do list.

WHAT MAKES A MEAL?

You must choose at least 3 of 5 components available for the school lunch price.
Choice of Meat or Meat Alternate
Choice of Vegetable, Choice of Fruit*
Choice of Grain/Bread, and Choice of Milk
*Students must choose at least one fruit or vegetable

MILK OPTIONS

1% Milk, Chocolate Milk

FRUIT & VEGGIE OPTIONS

Broccoli Florets | Baby Carrots
Dark Leafy Greens | Legume Salads
Celery & Cucumber
*May choose two 1/2 cup servings
Crisp Apple | Sliced Peaches | Mixed Fruit
Fresh Orange | Banana | Pineapple Tidbits
Diced Pears | Applesauce

*K-8 may choose up to 1/2 cup serving.
9th-12th may choose two 1/2 cup servings

ALTERNATE MENU OPTIONS

Each day we offer a variety of selections from cold cereal and milk, breakfast bars, WG Pop Tarts, and other surprise goodies our incredible staff creates....

Pricing:
MS/ HS Student Breakfast: 2.60
Student/ Adult Milk: 1.00
Ala Cart Entree: 2.00
Ala Cart Bakery: 1.75
Ala Cart Cereal W/o Milk: 1.50
All Other Ala Cart Cold Items: 1.75

